



# VIRGINIA ASSOCIATION FOR HOME CARE AND HOSPICE

Advocacy. Education. Guidance.

## Functional Assessment & Treatment of COPD Patients:

### *A Primer for Home Care Field Staff*

Webinar, February 12, 2019 from 1:00 pm to 2:30 pm eastern

Recording available through April 30, 2019

Home care has seen a dramatic increase of patients with COPD, resulting in greater focus on the therapy needs of these individuals. These numbers are likely to increase. According to the National Heart, Lung and Blood Institute, an estimated 12 million adults have been diagnosed with Chronic Obstructive Pulmonary Disease (COPD), and many more may be living with the disease without knowing it. While there is no cure for COPD, there are treatments that can effectively ease symptoms, cut the risk of complications, and improve a patient's quality of life.

This webinar will cover prevalence of the condition, including risk factors, as well as the impact of COPD on skeletal muscle function, specifically lower extremity function. This evidence-based educational program will provide insight and relevant information on assessment & treatment strategies for home care patients suffering from the effects of COPD.

#### Objectives:

- Provide a basic description of healthy lungs function & gas exchange
- Explain how COPD impairs this gas exchange function
- Describe 3 ways the skeletal muscle function is impaired in COPD
- Describe the effects of hyperinflation of the lungs on at least 3 ADL's,
- Implement at least 3 different functional field tests appropriate for assessment of COPD home health patients
- Set parameters for 2 different types of home exercise program strategies appropriate for COPD home health patients

**Target Audience:** Program is geared towards Physical Therapists, Occupational Therapists, Registered Nurses, Respiratory Therapists, Physical Therapy Assistants, Occupational Therapy Assistants working directly with patients suffering the effects of COPD.

**Presenter:** Ernest Roy, PT, DPT, is the Home Care Therapy Team Leader for Pemi-Baker Community Health, in Plymouth, NH. He is a certified Chronic Care Management Trainer and has been certified as a Strength & Conditioning Specialist from the National Strength and Conditioning Association. Ernie has extensive experience in a variety of roles, including Acute Care, Outpatient, Home Health and Industrial Rehabilitation. He has been in practice as a Physical Therapist for 30 years.

**Registration Fee:** Member rate is \$159.00 - Non-members \$299.00. The live webinar includes the opportunity to ask questions of the presenters, however there is no additional fee for the recording. Recording available through 4/30/19.

**Continuing Education:** The presenters and program planners have no conflict of interest regarding this webinar. To apply for contact hours, please mail an evaluation form and a completed sign-in sheet, listing the individuals at your facility that participated and noting those requesting contact hours. No commercial support has been provided for this program.

This program has been approved by the **New Hampshire Physical Therapy Association** for CEH/CEU credit for approval. Information provided in this program should be used within the scope of practice.



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## Functional Assessment & Treatment of COPD Patients: A Primer for Home Care Field Staff

Webinar February 12, 2019 from 1 – 2:30, recording available through April 30, 2019

### REGISTRATION INSTRUCTIONS:

**Convenience:** Enjoy the convenience and cost-efficiency of a webinar – watch the speaker’s slide presentation on the internet while listening by telephone or through your computer’s microphone and speakers (VoIP). There is no limit to the number of attendees from your agency who may participate at your site using one phone line and a computer with internet access.

**Confirmation:** Prior to the webinar, a GoToWebinar link will be e-mailed to you. You will need to register through this link to attend the webinar. You will be sent a confirmation which will include a join link to access the webinar, a dial-in number and an access code to listen in via telephone. You will also be sent any pertinent handouts, if available, an evaluation and certificate. **The webinar will take place from 1:00 p.m. to 2:30 p.m. EST.**

**Registration:** The registration deadline is February 10, 2019. Registrations may not be shared between agencies – the agency’s registration covers the access of only one phone line/computer access to the webinar. Multiple site participation for your agency will require a separate registration fee for each connection. Please note: if your agency has sent in 1 registration but 3 people from your agency register through the GTW link, your agency will be invoiced for the additional 2 registrations. The handouts will be emailed to you to the email address you provide. Please feel free to provide an additional email address as a backup.

**Cancellation Policy:** There are NO refunds. Your registration indicates your commitment to participate.

	Links to Live Broadcast & Recording	
	Member	Non-member
Functional Assessment and Treatment of COPD Patients: A Primer for Home Care Field Staff	<b>\$159</b>	<b>\$299</b>

### Registration:

Attendee Name: \_\_\_\_\_ Agency Name: \_\_\_\_\_

Agency Address \_\_\_\_\_ Agency City, State, Zip: \_\_\_\_\_

Attendee Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Alternate Email: \_\_\_\_\_

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