



VIRGINIA ASSOCIATION FOR  
HOME CARE AND HOSPICE

Advocacy. Education. Guidance.

In partnership with Association for Home & Hospice Care of North Carolina

## ***2018–2019 Aide Webinar Series***

**Why Participate?** An investment in staff education is an investment in quality customer service for all types of agencies. For home health and hospice agencies, these hour-long webinars can be used to help meet the 12 hours per year educational requirements under the Medicare Conditions of Participation. For all providers, an educational investment in your staff pays off in quality care!

# **Super Customer Service begins with Super Staff Education!!**



### **July 12, 2018 -The Aide's Role in Understanding Hospice and End of Life Care**

**Speaker:** Cindy Morgan, RN, MSN, CHC, CHPN

**Description:** What does End-of-Life and Hospice care really mean? This presentation will clarify the meaning of hospice and EOL care. Some of the misconceptions about hospice and EOL care will be discussed and explained. Participants will have a better understanding of helping patients live until they die and strategies that will promote quality of life at the end of life for patients and families.

### **August 9, 2018 -The Aide's Role in Caring for Older Adults in Home Care**

**Speaker:** Kathie Smith, RN, BSN

**Description:** According to Healthy People 2020 from the Office of Disease Prevention and Health Promotion, as Americans live longer, growth in the number of older adults is unprecedented. In 2014, 14.5% (46.3 million) of the US population was aged 65 or older and is projected to reach 23.5% (98 million) by 2060. Aging adults experience higher risk of chronic disease. In 2012, 60% of older adults managed 2 or more chronic conditions. Many of the clients you provide care for in the home will be older adults with chronic conditions such as heart, lung, kidney disease, diabetes, cancer or other conditions. This presentation will focus on providing care for the older population.

### **September 13, 2018 -The Aide's Role In Quality Improvement in Home Care**

**Speaker:** Jane Garrett, RN, BSN, MHSA

**Description:** What is QAPI? This session will describe the requirement for home health and hospice agencies to conduct Quality Assessment and Performance Improvement (QAPI) activities including a family satisfaction survey. How your agency performs on these measures is available to the public. In-home aides will learn how they play a role in supporting QAPI.

### **October 11, 2018 -The Aide's Role in HIPAA and Confidentiality**

**Speaker:** Michelle White, DNP, RN, CNL

**Description:** This workshop will focus on assisting your In-Home Aides in understanding HIPAA and confidentiality guidelines. This workshop will offer practical tips to ensure that the para-professional adheres to the required privacy standards. Also included: the impact of social media such as Facebook, My Space, YouTube and cell phones, text messages, etc.

### **November 8, 2018 -The Aide's Role in Managing Stress in the Workplace**

**Speaker:** Kathie Smith, RN, BSN

**Description:** Stress is the body's reaction to any change that requires an adjustment or response. The body reacts to these changes with physical, mental, and emotional responses. Stress is a normal part of life. You can experience stress from your environment, your body, and your thoughts. Even positive life changes such as a promotion, a mortgage, or the birth of a child produce stress. Taking care of yourself as you take care of others is an important part of your overall wellbeing and stress management is a component of taking care of you. This presentation will cover tips on managing stress.

### **December 13, 2018 -The Aide's Role in Post-Traumatic Stress Disorder**

**Speaker:** Cindy Morgan, RN, MSN, CHC, CHPN

**Description:** An estimated 8% of Americans or 24.4 million people – have PTSD at any given time. Learn the risk factors related to PTSD, how to best work with your patients who have PTSD and strategies to help promote their best quality of life by attending this webinar.

**January 10, 2019 -The Aide's Role in Ethical Issues Facing Nursing Assistants**

**Speaker: Jane Garrett, RN, BSN, MHSA**

**Description:** In this webinar, commonly accepted principles of health care ethics will be discussed. This program will help the learner explore examples of difficult situations and how to put these principles into practice and make ethical decisions in the home health care environment.

**February 14, 2019 -The Aide's Role in TBD**

**Speakers: John Conrad and Libby Hart, RN**

**Description:** This session has not been finalized at this time.

**March 14, 2019 -The Aide's Role in Infection Prevention and Control**

**Speaker: Michelle White, DNP, RN, CNL**

**Description:** This workshop will focus on understanding the basic principles of infection prevention and control. This workshop will also focus on Blood Borne Pathogens and the principles surrounding transmission and methods in which the aide can protect themselves and the patient.

**April 11, 2019 -The Aide's Role in Professionalism and Work Ethic in Home Care**

**Speaker: Kathie Smith, RN, BSN**

**Description:** Providing care in a setting that enables one- to- one care offers opportunities for the client to be able to stay in their home and for the In-home aide to build strong relationships with the client and family. These relationships can feel rewarding to both the client and the In-home aide. While having that positive and caring relationship is important to the client's care, it is also important to remember that as an employee of an agency and as a home care provider in the home, certain standards need to be upheld. These standards help you to maintain a professional relationship with the client and family. This presentation will cover professionalism for the In-home aide.

**May 9, 2019 -The Aide's Role in Understanding Legal Issues for the Nurse Assistant**

**Speaker: Cindy Morgan, RN, MSN, CHC, CHPN**

**Description:** No health care provider is immune from the potential for legal issues. When providing care for patients it must be done in a legal and ethical manner. This presentation will list ethical principles we should consider when delivering care as well as the more common allegations such as negligence, assault & battery and abuse that Nurse Aides should understand. Increased knowledge promotes adherence to standards of care and compliance with regulations & your agency's policies and procedures.

**June 13, 2019 -The Aide's Role in Understanding CVAs**

**Speaker: Jane Garrett, RN, BSN, MHSA**

**Description:** In this webinar, it will be discussed how 80% of all strokes can be prevented with healthy behaviors, long term effects of a stroke may be minimized with immediate treatment and more people are surviving and beating stroke.

**Member rate for each session is \$99.00 (non-member rate is \$198.00)  
Registration is for one connection only - Each location must register separately.  
Check off boxes above for your selections- Each session is from 3:00-4:00pm  
The is NO refund for cancellations or non-attendance**

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